

In and Around Me

This week, we will be talking about changes.

Change can happen over a long period of time or in a moment. Some changes are easy to notice and others are not.



Word of the Week

change

Change means to become different or replace one thing for another. Use the Word of the Week at home.

You might ask: Have you noticed any changes in our neighborhood?

More Words to Know

after
before
calendar
clock
finish
long
minute
short
time
timer

Just a Minute

Help your child begin to understand time. Set up an activity to see how many times your child can complete a task in one minute. First, explain the task (for example: put ten pennies in a straight line, draw a smiley face, or stack four blocks). Use a timer, count how many times your child does the task before time runs out. After sharing how many times the task was completed, ask: *Were you surprised by this number? Why? How would you describe the length of a minute?*

Watch it Change

Take this opportunity to observe a change in nature. Look in your yard, a neighborhood park, or at the entrance to school. Find a flower bud, sprouting weed, or an anthill. Look at it closely and talk about possible changes. You might even take a photo. Check every day to see if anything changes.

Rearranging a Space

Encourage your child to help rearrange his or her room or a play area in the house. Talk about changes that could be made and try out a few. After a day or two, discuss the changes with your child. Ask: *Do you like the new arrangement? Why or why not?*

What's it Mean?

If you know the meaning of your child's name, tell your child what it means. If you don't know, look it up on the internet and share what you find. Explain to your child, why you chose the name. This week, we will discuss the meaning of names.

Coming Next Week: We will explore ways that the earth changes including weather, day and night, and seasons.