CACEP WEEKLY MENU	CY MENU	Center:			Month:				
MEAL	COMPONENT	AGES	AGEC	ACEC	Dec. 30, 20	Dec. 30, 2024-Jan. 3, 2025			
			3.5 ) .5 (		MONDAY				
	Milk	1/2 cup	3/4 cup	1 cup	No Classes	No Classes	W.CDINESUAT	<b>L</b>	FRIDAY
Breakfast	Fruit/Vegetable	1/4 cup	1/2 cup	1/2 cup				7	rat Free Milk
	Grains/Meat						New Years Day	Mixed Fruit	Applesauce
	Alternates	1/2 oz eq <sup>1,2</sup>	1/2 oz eq <sup>1,2</sup>	1 oz eq <sup>1,2</sup>				Frosted Flakes	Orros Butto
	Nik	1/2 cup	3/4 cup	1 cup					00000
	Meat/							Fat Free Milk	Fat Free Milk
5	Meat Alternates	1 02	1 1/2 oz	2 02				Cheeseburgers	Chicken Wrap
	Vegetable	1/8 cup	1/4 cup	1/2 cup					Seasoned Fries
	Fruit	1/8 cup	1/4 cup	1/4 cup				Banana	Cantaloune
	Grain	1/2 oz eq²	1/2 oz eq²	1 oz eq²					
	Milk	1/2 cup	1/2 cup	1 cup				C	wy. Bread
	Meat/ Meat Alternates	1/2 oz	1/2 oz	1 oz					
Snack**	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					Peaches
	Grain	1/2 oz eq <sup>2</sup>	1/2 oz eq²	1 oz eq²				Tiger Bites	Peaches
					This institution is an actual of				reaches

 $<sup>^{1}</sup>$  Meat and meat alternates may be used to substitute the entire grains component a maxiumum of three times per week.

<sup>&</sup>lt;sup>2</sup> oz eq = ounce equivalents

<sup>\*\*</sup> Select 2 of the 5 components for snack.

	<del></del>		Snack**	<b>-</b>				Lunch	-,1		Breakfast F	-		MEAL	WEEK
Grain	Fruit	Vegetable	Meat Alternates	Milk Meat/	Grain	Fruit	Vegetable	Meat Alternates	Milk Meat/	Alternates	Fruit/Vegetable Grains/Meat	Milk		COMPONENT	Y MENU
1/2 oz eq²	1/2 cup	1/2 cup	1/2 oz	1/2 cup	1/2 oz eq <sup>2</sup>	1/8 cup	1/8 cup	1 02	1/2 cup	1/2 oz eq <sup>1,2</sup>	1/4 cup	1/2 cup	1.2	AGES	Center: HS.EHS
1/2 oz eq <sup>2</sup>	1/2 cup	1/2 cup	1/2 oz	1/2 cup	1/2 oz eq²	1/4 cup	1/4 cup	1 1/2 oz	3/4 cup	1/2 oz eq <sup>1,2</sup>	1/2 cup	3/4 cup	3-5	AGES	
1 oz eq <sup>2</sup>	3/4 cup	3/4 cup	1 oz	1 cup	1 oz eq²	1/4 cup	1/2 cup	2 oz	1 cup	1 oz eq <sup>1,2</sup>	1/2 cup	1 cup	6-18	AGES	
Goldfish	Applesauce				WG Pasta	Apples	Green Beans	Ravioli	Fat Free Milk	Mini Wheats	Peaches	Fat Free Milk	MONDAY U		Month: January 6-10, 2025
Pretzels	T. Park	The state of the s	Peanut Butter		WG Bun	Pineapple	Corn	Chicken Patty	Fat Free Milk	Trix	Mandarin Oranges	Fat Free Milk	TUESDAY		-10, 2025
Animal Crackers	Peaches				WG Wrap	Oranges	Celery Sticks	Turkey Wrap	Fat Free Milk	Cheerios	Pears	Fat Free Milk	WEDNESDAY &		
Sin Ohias	100% Juice				WG Breading	Banana	Carrots	Fish Sticks	Fat Free Milk	Cocoa Puffs	Mixed Fruit	Fat Free Milk	THURSDAY C		
Cimple Ober	Mand. Oranges				WG Pasta	Melon	Broccoli	Chicken Alfredo	Fat Free Milk	Cinnamon Chex	Applesauce	Fat Free Milk	FRIDAY 10		

<sup>&</sup>lt;sup>1</sup> Meat and meat alternates may be used to substitute the entire grains component a maxiumum of three times per week.

<sup>&</sup>lt;sup>2</sup> oz eq = ounce equivalents

<sup>\*\*</sup> Select 2 of the 5 components for snack.

CACFP WEEKLY MENU	KIY MENU	Center-	Adoin FUC						
			Weilin Endo		Month: January 13-17, 2025	-17, 2025			
MEAL	COMPONENT	AGES	AGES	AGES					
		12	<del>3</del>	6-18	MONDAY 3	TILESPAY 1	<u>J</u>		
	Milk	1/2 cup	3/4 cup	1 cup	<del>-</del>	Fat Free Milk			FRIDAY ( )
Breakfast	Fruit/Vegetable	1/4 cup	1/2 cup	1/2 cup	Peaches				- action Milk
	Grains/Meat				. 000	ivianuai iii Oranges	rears	Mixed Fruit	Applesauce
	Alternates	1/2 oz eq <sup>1,2</sup>	1/2 oz eq <sup>1,2</sup>	1 oz eq <sup>1,2</sup>	Apple Jacks	Toast Crunch	Čix	Mini Mboats	
	Milk	1/2 cup	3/4 cup	1 Cun	Est Free Milk	7			COCOA PUITS
	Meat/			1	י מני בימט ואיווא	rat Free Milk	hat Free Milk	Fat Free Milk	Fat Free Milk
	Meat Alternates	1 oz	1 1/2 oz	2 02	Cheese Breadstick	Sloppy Joes	Chicken Tenders	Beef Wrap	Chicken Salad
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Vegetable Soup	Green Beans	Corn	California Blend	Celery
	Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Slices	Pineapple	Oranges		Melon
	Grain	1/2 oz eq <sup>2</sup>	1/2 oz eq²	1 oz eq²	WG Breading	WG Bun	MG Breading		
	Milk	1/2 cup	1/2 cup	1 cup	(			And And D	WG Croissant
	Meat/ Meat Alternates	1/2 07	1/207	1 23					
Snack**						בפנותי סתורפי			
0.100	Vegetable	1/2 cup	1/2 cup	3/4 cup				Walter Control of the	
	Fruit	1/2 cup	1/2 cup	3/4 cup	Applesauce		100% Juice	Mand. Oranges	Pears
	Grain	1/2 oz eq <sup>2</sup>	1/2 oz eq²	1 oz eq²	Nilla Wafers	Scooby Spacks			
					This institution is an	UCOOCY DISCONS	GOIGHSH	Simply Chex	Pretzels

<sup>&</sup>lt;sup>1</sup> Meat and meat alternates may be used to substitute the entire grains component a maxiumum of three times per week.

<sup>&</sup>lt;sup>2</sup> oz eq = ounce equivalents

<sup>\*\*</sup> Select 2 of the 5 components for snack.

CACFP WEEKLY MENU	KLY MENU	Center:			Month:				
		HS. EHS.			January 20-24, 2025	24, 2025			
MEAL	COMPONENT	AGES	AGES	AGES					
		1-2	3-5	6-18	MONDAY 30		WEDNESDAY D	THITIESDAY )	
	Milk	1/2 cup	3/4 cup	1 cup	Office Closed	Fat Free Milk			
Breakfast	Fruit/Vegetable	1/4 cup	1/2 cup	1/2 cup	MLK Dav	5000			י מר ויירל ואוווא
•	Grains/Meat					Main Oranges	rears	Fropical Fruit	Applesauce
	Alternates	1/2 oz eq <sup>1,2</sup>	1/2 oz eq <sup>1,2</sup>	1 oz eq <sup>1,2</sup>		Trix	X.		
	Milk	1/2 cup	3/4 cup	1 cup					Willia Wiledly
	Meat/					l of Liee Milk	rat Free Milk	Fat Free Milk	Fat Free Milk
<u> </u>	Meat Alternates	1 oz	1 1/2 oz	2 oz		Chicken Wrap	PBJ/Cheese Stick	Cheeseburg. Mac	BBQ Sandwich
	Vegetable	1/8 cup	1/4 cup	1/2 cup		Carrots	Celery Sticks	Broccoli	Green Beans
	Fruit	1/8 cup	1/4 cup	1/4 cup		Pineapple	Oranges	Banana	Melon
	Grain	1/2 oz eq <sup>2</sup>	1/2 oz eq <sup>2</sup>	1 oz eq²		WG Wrap	WG Bread	WG Pacta	AC B. S.
	Milk	1/2 cup	1/2 cup	1 cup					vvG bull
	Meat/	•							
Spack**	Meat Alternates	1/2 02	1/2 oz	1 oz		Peanut Butter			
טומנא	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup			Applesauce	100% Juice	Peaches
NAME OF TAXABLE PARTY.	Grain	1/2 oz eq <sup>2</sup>	1/2 oz eq²	1 oz eq <sup>2</sup>		Pretzels	Cheez-Its		
					This institution is an equal opport	nitu provii		odii Ciliba	simply Chex

<sup>&</sup>lt;sup>1</sup> Meat and meat alternates may be used to substitute the entire grains component a maxiumum of three times per week.

<sup>&</sup>lt;sup>2</sup> oz eq = ounce equivalents

<sup>\*\*</sup> Select 2 of the 5 components for snack.

CACFP WEEKLY MENU	CLY MENU	Center:			Month:				
		Main EHS			January 27-31, 2025	31, 2025			
MEAL	COMPONENT	AGES	AGES	AGES					
		<b>E2</b>	3-5	6-18	MONDAY A7	TUESDAY 28	WEDNESDAY P	!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!	N
	Milk	1/2 cup	3/4 cup	1 cup	Eat Frag Milk	Est Essa Mill		2000	inipal C
Breakfast	Fruit/Vegetable	1/4 cup	1/2 cup	1/2 cup	Describer			ar Flee Milk	rat Free Milk
	Grains/Meat					rialicalli Clanges	rears	Mixed Fruit	Applesauce
	Alternates	1/2 oz eq <sup>1,2</sup>	1/2 oz eq <sup>1,2</sup>	1 oz eq <sup>1,2</sup>	Toast Crunch	Cheerios	Cocoa Puffs	Frosted Flakes	Coroa Duffs
	Milk	1/2 cup	3/4 cup	1 cup	Fat Free Milk	Eat Eroo Milk	T)+ T()) PATE	1	00000
	Meat/					dr Foo Mily	rat Free Milk	rat Free Milk	Fat Free Milk
<u>i</u>	Meat Alternates	1 oz	1 1/2 oz	2 oz	Beef Pasta	Grilled Cheese	Turkey Sandwich	Chicken Teriyaki	Chili Mac
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Corn	Vegetable Soup	Celery Sticks	California Blend	Green Beans
	Fruit	1/8 cup	1/4 cup	1/4 cup	Apples	Pineapple	Oranges		
	Grain	1/2 oz eq <sup>2</sup>	1/2 oz eq²	1 oz eq <sup>2</sup>	WG Pasta	WG Bread	W/G Brook		
	Milk	1/2 cup	1/2 cup	1 cup			ANG DI GOLD	WG KICE	WG Pasta
	Meat/ Meat Alternates	1/2 07	1/2 07	1 04					
Snack**								Peanut Butter	
,	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup	Applesauce	100% Juice	Mandarin Oranges		Peaches
	Grain	1/2 oz eq <sup>2</sup>	1/2 oz eq <sup>2</sup>	1 oz eq²	Goldfish	Simply Chex	Toddy Grahams	Drotto	2

<sup>&</sup>lt;sup>1</sup> Meat and meat alternates may be used to substitute the entire grains component a maxiumum of three times per week.

<sup>&</sup>lt;sup>2</sup> oz eq = ounce equivalents \*\* Select 2 of the 5 components for snack.